



Training Accessories

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YAKIMASPORT is a company that offers TOP QUALITY, EU Certified Football Goals and Training Accessories. Our mission is to provide coaches with training aids that will help them to lead valuable, interesting and modern training. We are highly committed to children, youth and senior practice with equipment which supports in strive to enhance football skills as well as general agility and fitness.

We pride ourselves on supplying Football Training Accessories and Football Goals to National Teams, Top Football Clubs as well as lower tier Teams, Regional Clubs, Football Academies, Regional Football Associations, Schools and Training Centers for UEFA EURO 2012, among others:



Free Kick Walls  
& Rebounders

## Inflatable Soccer Dummy

Product Code: 100039

- For goalkeeper training or tactical and technical exercises with or without ball.
- Base is filled with water. Two side handles. Attention: Do not pull on the floor, please raise.
- Material: PVC.
- Height: 205 cm.
- Diameter: 45 cm.
- Weight of the Base (filled with water): 11 kg (At temperatures below 0° degree celsius, please add antifreeze).

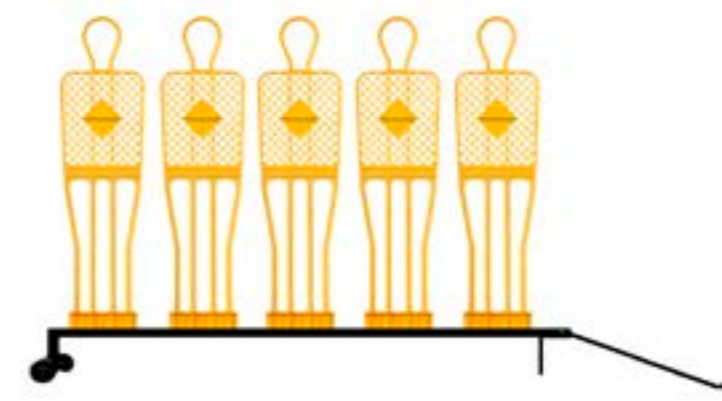


## Free Kick Wall ELITE 180 cm

Product Code: 100098

Trolley for Football Dummies Product Code: 100099

- Produced of high quality durable plastic-rubber material. Flexible, when hit with a ball returns to the previous position.
- Available with Dummies Trolley that enables easy transportation and possibility to use it on the artificial grass and indoor.
- Available colors: red or yellow.



## Inflatable Soccer Dummy

Product Code: 100163

- For goalkeeper training or tactical and technical exercises with or without ball.
- Base is filled with water. Two side handles. Attention: Do not pull on the floor, please raise.
- Material: PVC.
- Height: 175 cm.
- Diameter: 45 cm.
- Weight of the Base (filled with water): 11 kg (At temperatures below 0° degree celsius, please add antifreeze).



## Rubber Base ELITE dummy

Product Code: 100159

- Enables to use Yakimasport ELITE dummy on artificial grass and indoor.
- Weight: 10 kg.



## Trolley for one ELITE Dummy

Product Code: 100223

- Enables easy movement of ELITE Dummy. Very useful for artificial grass and indoor.
- Stable construction on 4 wheels.



## Free Kick Dummy on Spring, Wall Mannequin

Product Code: 100186

- Free Kick Dummy provided with Spring in a base to effectively absorb Ball Momentum.



## Free Kick Dummy, Metal Mannequin Wall

Product Code: 100187

- Robust metal construction covered with durable red fabric. For use on grass, with spikes.
- Height: 180 cm.



## Rebounder

Product Code: 100011

- Rebounder with a special strong rebound adjustment!
- Ideal for your Goalkeeper-Training.
- Special exercises possible for catching the ball and rebounding in various directions.
- For a Goalkeeper-Reaction training and more!
- Also suitable for technique-training of your field players!
- Steel tube construction, white
- Adjustable inclination
- Suitable for goalkeeper and field player
- Frame size: 110 x 110 cm



## Double Rebounder

Product Code: 100189

- Double Rebounder with a special strong rebound adjustment!
- An additional feature of this rebounder is that it may be used simultaneously on both sides.
- Ideal for your Goalkeeper-Training! Special exercises possible for catching the ball and rebounding in various directions.
- For a Goalkeeper-Reaction training and more!
- Also suitable for technique-training of your field players!
- Steel tube construction, white
- Adjustable inclination
- Suitable for goalkeeper and field player
- Frame size: 110 x 110 cm



## Tripple Rebounder

Product Code: 100190

- Tripple Rebounder with a special strong rebound adjustment.
- Thanks to 3 rebound walls that may be used simultaneously there is a much wider spectrum of exercises that can be performed using this stunning training tool.
- Ideal for your Goalkeeper-Training!
- Special exercises possible for catching the ball and rebounding in various directions.
- For a Goalkeeper-Reaction training and more!
- Also suitable for technique-training of your field players!
- Steel tube construction, white
- Adjustable inclination
- Suitable for goalkeeper and field player
- Frame size: 110 x 110 cm



## Soccer Wave & Rebound Wall

Product Code: 100200

- A special strong rebound!
- Ideal for football technical training.
- Very versatile.
- Features high rebound from one side and low rebound from the other side.
- Helps to improve ball control.
- Enhanced reaction time to approach ball with correct foot positioning.
- Strengthened rubber cords are designed to generate strong match- like rebound pass
- Size: 112 cm x 102 cm x 70 cm



## Big Rebounder

Product Code: 100027

- Suitable for technique-training of your players.
- Fiber glass & steel construction, black
- Suitable for pass training, ball reaction, accuracy technic training
- Size: 213 cm x 213 cm



## MINI Rebounder for Goalkeeper Coaches

Product Code: 100149

- Excellent tool for Goalkeeper training.
- Serves as a wall.
- Comes with convenient 2 side handles.
- A Coach can easily regulate the angle of rebound to perform a variety of exercises.
- Portable and easy to transport.
- Size: 80 cm x 80 cm
- Weight: 3 kg



## Yakimasport PRO Rebound Board

Product Code: 100116

- The board gives a true and even wall pass return



## Soccer Tennis equipment for improving players aerial and ball control ability

Product Code: 100015

- Can be used for players of all ages, youth to adult as the height can be set at; 75 cm
- Length: 6 m
- A Possibility of setting the net at: 150 cm



Coordination  
Training

## Agility Cone

Product Code: 100006

- Agility Cone training significantly improves an athlete's ability to accelerate, decelerate, and quickly change direction with precise timing and body control. Perfect for any sport.

### AGILITY CONES FEATURES:

- Multiple high-visibility colors for marking training areas
- 5 cm tall
- Durable, will not break when stepped on
- Includes 30 cones
- Carry rack for easy transport and storage
- Available 5 colors



## Agility Cone MINI

Product Code: 100124

- Training significantly improves an athlete's ability to accelerate, decelerate, and quickly change direction with precise timing and body control. Perfect for any sport.
- Colours are sent random 10 pcs. of each colour. Possible sets:
  - I. blue, white, yellow
  - II. orange, red, violet
  - III. orange, pink, black
- Diameter: 13 cm
- Height: 5 cm



## Set of 12 circle mats - yellow/orange - dia. 15 cm

Product Code: 100054

- Non-slippery discs perfect for synthetic pitches and indoor training
- 6 yellow discs and 6 orange discs



## Flat Markers - Agility Line Markers

Product Code: 100188

- A set of 10 non slip rubber strip markers.
- Choose between a selection of colours: red, blue, yellow, orange
- With an easy carry handle, flat markers are fast becoming a favourite of many coaches due to the space saving slim line design.



## Cut Cone - Set with Poles

Product Code: 100073

- A must in Agility Training
- Set Consists of:
  - 10 Cut Cones
  - 5 - 1 m poles
- Pole is set on a height of 7 cm



## Cone with holes – 23 cm

Product Code 100042

- Cone with holes is a highly visible piece of equipment that can be used to set out training pitches or for agility drills.
- Height: 23 cm.
- Available in 4 colours: Yellow, Red, Blue, Orange
- Poles from our catalog are a perfect match to buy with the 23 cm cone with holes



## Cut Cone 10 pcs.

Product Code: 100132

- Made of soft plastic.
- Best for use with poles on top.
- Available in 6 colours: yellow, violet, white, blue, orange, pink
- Size: Diameter - 20 cm Height - 6 cm.
- Colours are sent randomly unless requested otherwise



## Cone 23 cm

Product Code: 100029

- Cone is a highly visible piece of equipment that can be used to set out training pitches or for agility drills.
- Height: 23 cm.
- Available in 4 colours: Yellow, Red, Blue, Orange



## Cone with holes PRO - 23 cm

Product Code: 100259

- Professional 23 cm Cones are a must in training exercises for each team
- PRO Cones feature wider, very stable base
- Holes and sculpturing of the upper part enable creating hurdle construction using training poles
- Available in 3 colours: yellow, orange and blue



## Training Pole – 1 m and 1,6 m

Training Pole 1 m Product Code: 100075

Training Pole 1,6 m Product Code: 100076

- Available Colours: yellow, red, blue
- Diameter - 25 mm



## Cone with holes 38 cm

Product Code: 100056

- 38 cm Cone with holes is a highly visible piece of equipment.
- This Training Accessory can be used to set out training pitches or for agility drills as well as assembling hurdle contraction using training poles
- Poles from our catalog are a perfect match to buy with 38 cm cone with holes
- Available in 4 colours: Yellow, Red, Blue, Orange



## Joint

Product Code: 100119

- Joint enables to connect 25 mm poles



## Training Traffic Cone Pole Set

Product Code: 100026

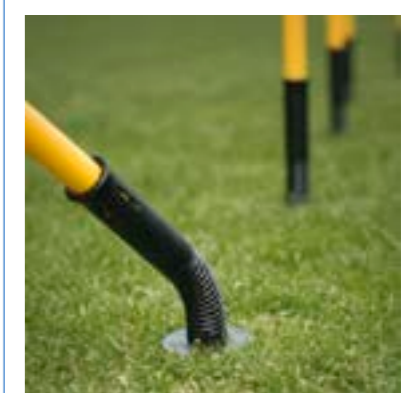
- The Training Traffic Cone Pole set can be set at three different heights, allowing soccer coaches to test their players' aerial ability and agility at various levels gradually.
- Cone height: 38 cm
- Supplied in sets of 10 cones and 5 poles



## Spike with Spring for Training Pole

Product Code: 100143

- Enables to drive in a training pole in the ground
- Poles from our catalog are a perfect match to buy with Spiked Spring for Training Pole
- Total length: 27,5 cm
- Length of the spike: 10,5 cm



## Pole Bag / Training Poles

Pole Bag 1 m Product Code: 100090

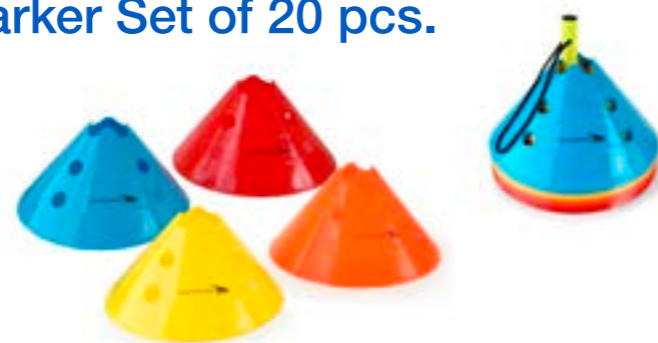
Pole Bag 1,6 m Product Code: 100091

- Handy Bag for carrying and storing Sports Equipment.
- Suitable for poles and other sports accessories
- Available in 2 sizes

## Super Dome Premium Marker Set of 20 pcs.

Product Code: 100120

- Height 15 cm
- Wide stable base
- Holes for placing training poles on 3 heights: 5 cm, 10 cm, 15 cm
- Poles from our catalog are a perfect match to buy with SUPER DOME PREMIUM MARKER SET





## Rubber Base for Slalom Poles

Product Code: 100059

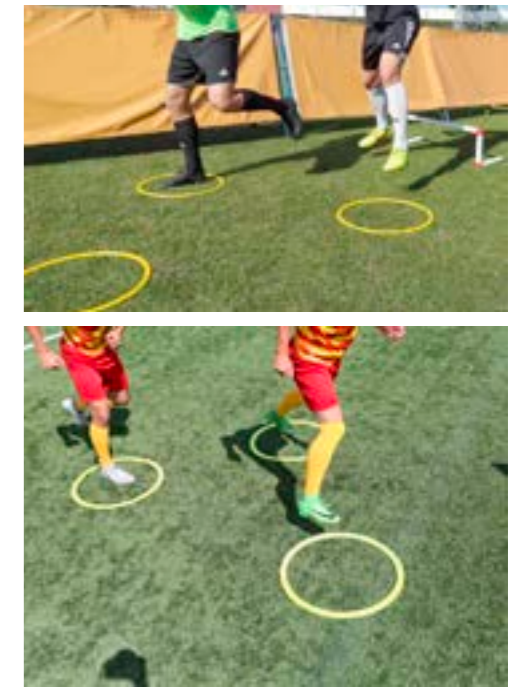
- The Rubber base is produced of heavy duty durable rubber to stabilize training poles
- Brilliant for artificial grass and indoor
- Poles from our catalog are a perfect match to buy with Rubber Base for slalom poles



## Deluxe Speed Rings 12 pcs

Product Code: 100055

- Deluxe Speed Rings are the piece of equipment that every soccer club should have. It can be used in a variety of agility and speed exercises.
- Dimensions: 50 cm diameter
- Supplied in sets of 12 with carry bag (red and yellow)



## Speed Rings, Hurdles - coordination set

Product Code: 100181

- Coordination rings are invaluable in daily training.
- This is exactly what you are looking for if you plan to exercise to improve speed agility and accuracy
- Speed rings, hurdles - coordination set creates opportunities to diversify your training plan and perform a variety of drills practiced at speed rings and hurdles on this single product.
- Ideal solution for professionals and amateurs. Speed rings, hurdles - coordination set works perfect for a variety of sports.
- Each speed ring can be flexed to work as hurdle of height up to 30 cm.
- The kit includes 6 speed ring / hurdles + practical bag to carry and store.



## 3 Direction Base for Slalom Poles

Product Code: 100162

- Rubber base is produced of heavy duty durable rubber to stabilize training poles
- Enables to stabilize pole at 3 different positions
- Brilliant for artificial grass and indoor
- Poles from our catalogue are a perfect match to buy with Rubber Base for slalom poles



## Speed Hurdles

Product Code:  
 15 cm - 100002  
 30 cm - 100084  
 45 cm - 100085

- Having quick feet, high knee lift and strong bounding are fundamental to peak athletic performance. Training with Speed Hurdles improves your overall athleticism and ability to maneuver quickly and efficiently around the field, court or ice surface. Available in 3 heights

### SPEED HURDLES FEATURES

- Improve footwork and agility
- Maximize leg power output through essential leg recovery and force application
- Hurdles are made of a durable lightweight PVC plastic.,



## Flat Agility Hurdles

Product Code:  
 15 cm - 100174  
 23 cm - 100175  
 30 cm - 100176

- Lightweight and flexible
- Will revert back to shape after being put under pressure
- Virtually unbreakable



## Hurdles with Adjustable Height Folding

Product Code: 100050

- Hurdles with adjustable height folding
- A possibility of setting the height between 38 cm and 5 cm

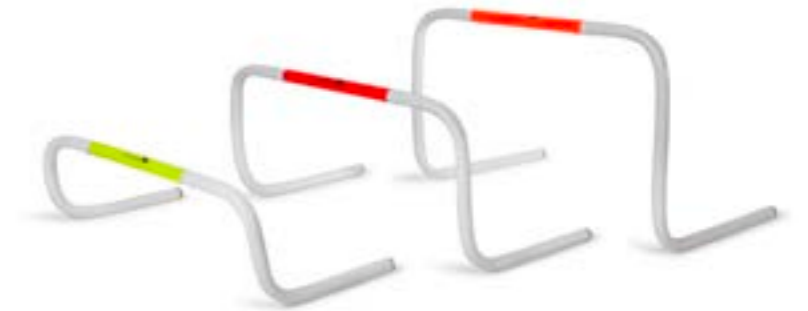


## Bounce Back Agility Hurdle

20 cm, 30 cm, 40 cm

Product Code:  
 20 cm - 100177  
 30 cm - 100178  
 40 cm - 100179

- Hurdle weighted to allow the hurdle to return to an upright position when struck by an athlete.

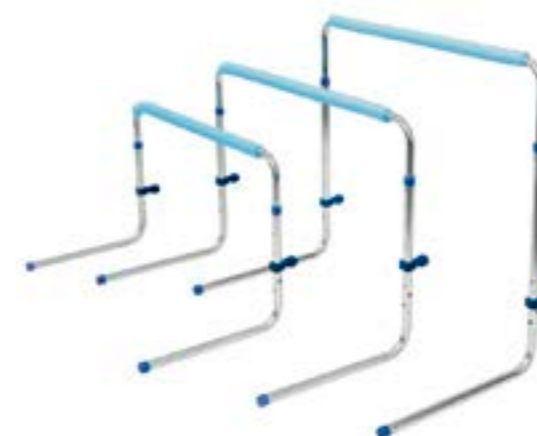


## Return Hurdle

Aluminium 70-106 cm

Product Code: 100164

- Light weight aluminum return hurdle for the training of jump and coordination. Our hurdles are self-erecting and the height is adjustable from 70 to 106 cm.
- Made of aluminum
- Height adjustments: 70/76/84/91/100/106 cm
- Width: 84 cm
- Weight per hurdle: 2,6 kg



## Hurdle system

Product Code: 100092

- Essential tools for modern physical training.
- 3 pcs - 1.60 m agility poles, 2 bases, 2 assemble clips for a transversal bar.
- Colour: Yellow



## Speed Ladder

Product Code:

4 m - 100003

6 m - 100067

8 m - 100068

- Train with the Quick Ladder and quickly improve your acceleration, lateral speed and change of direction while enhancing balance, rhythm and body control. These core skills are critical to any athlete that wants to perform at a faster level than the competition in any sport.

### QUICK LADDER FEATURES

- Improve acceleration, lateral speed and change of direction
- Improve quickness through accelerated foot strike and lift frequency
- Develop the core skills necessary to enhance balance, rhythm and body control
- Includes carry bag for easy portability



## Speed Ladder 3D – 6 m

Product Code: 100102

- Length: 6 m.
- Comes with carry bag



## Elevation Ladder

Product Code:

6 rungs - 100216

10 rungs - 100270

12 rungs - 100271

- 2-IN-1 SPEED HURDLES + LADDER**
- The Elevation Ladder combines two of best-selling training aids, Quick Ladder and Speed Hurdles, into one convenient product. Now, you can have the flexibility to use the ladder flat or elevated for a variety of agility and speed drills.
- Increase quickness through accelerated foot strike and lift frequency to ultimately improve maneuverability around the field or court.



## Slalom Pole 175 cm

Product Code: 100001

- The classic Boundary Pole is a fundamental part of any soccer club's equipment - it can be used for agility training drills or marking out make-shift goals



## Passing Arc

Product Code: 100041

- The yellow passing arc is a great way to practice accuracy in passing
- Suitable for a range of exercises, this is a versatile piece of equipment
- For outdoor use only, a carry bag is also available.



## Indoor Passing Arc

Product Code: 100169-100059

- The yellow passing arc is a great way to practice accuracy in passing
- Suitable for a range of exercises, this is a versatile piece of equipment
- Rubber bases make it suitable for indoor and outdoor use, a carry bag is also available.



## Passing Arc Bag, Bag for Training Accessories

Product Code: 100126

- Convenient Bag for carrying & storing training accessories
- Fits Passing Arcs, Hurdles and a lot of other equipment
- Closing Zipper, 2 Carry Handles
- Size: 65 x 70 x 23 cm



## Velcro Strap

Product Code: 100121

- Fixing Velcro to carry & store hurdles and poles



## Multi - Purpose Dome Cone

Product Code: 100118

- The Multi - Purpose Dome Cone is a fitness equipment base that has many practical uses for sports conditioning, personal training and boot camp fitness workouts.
- Will accommodate a 25mm slalom pole (non spiked), round or flat speed rings
- Fill with sand to add weight and stability
- Slalom poles and speed rings sold separately



## Skill Ball

Product Code: 100038

- Skill Ball helps to improve technic, co-ordination and mobility with a ball attached on an elastic string
- Ideal for individual training. Saves you time and energy as there is no need to run for the ball each time you kick it
- Can be used anywhere: on the field, indoor, at home, on vacations
- Small and Portable
- Especially recommended to children and youth.
- Adjustable elastic string
- Comes with a size 4, 350 g. ball



## Skill Ball II

Product Code: 100191

- Skill Ball II helps players build the muscle memory involved in better passing, receiving and shooting. Can be used in practices, drills or at home.
- Build touch with true rolls and bounces, without the chase
- Maximize touches and training time for more results
- High-quality cord
- Waistband with the slide feature

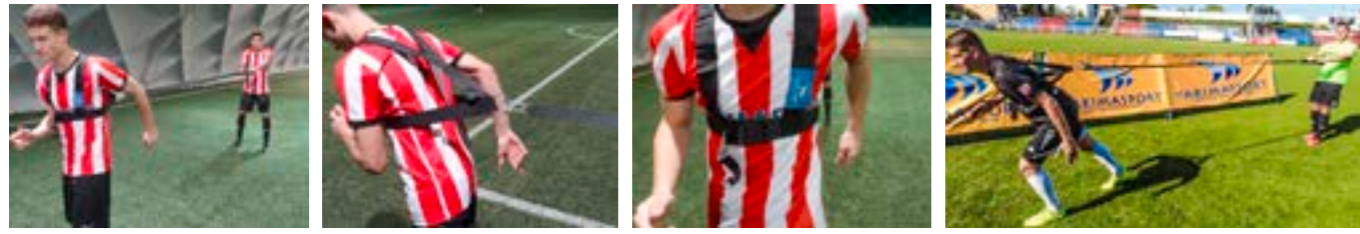


Strength  
& Fitness

## Shoulder Resistance Harness

Product Code: 100005

- The tape provides excellent speed and strength training for an athlete
- It is made of durable material and has additional reinforcements at the seams so it can be used by very strong players.
- It mounts to the back of the player practicing, which causes no strain on the back.
- Tape length - 2,7 m



## Power Bungee cord 10

Product Code: 100170

- Modern training equipment from a kind of bungee rubber, for optimal sprint and power speed training. Length of the rubber rope: approximately 3 m, maximum extension 7m
- For 2 persons both athletes put on the waist belt. The first athlete sprints forward and the 2nd athlete remains behind standing as a counterweight on the same place. It is also possible that both athletes start running in the opposite direction. At a certain point, an optimum resistance (bungee effect) is achieved by the tension of the bungee cord, which allows a professional sprint and power speed training.
- For 1 person. The waist strap of the second athlete may also be attached to a fence or a post to create an effective individual training. This method can also be very well be used in the goalkeeper training. The power-bungee strap allows the athlete to sprint with optimal resistance to create an enormous training effect.



## Shoulder Resistance Harness with Quick Release function

Product Code: 100180

- You get a modern training tool for an optimal sprint and speed power training.
- The Quick Release belt has a shoulder strap that one athlete puts on while another holds the other end of the leash. This allows someone to sprint while their helper creates resistance.
- You also have the option to release the belt at any time to enable the wearer to sprint without resistance. Important: release the belt only on command to avoid injury.
- The Sprint Belt allows the athlete to sprint at a variable resistance, to achieve an optimal training effect.
- Training device for 2 persons.
- Length of rope: ca. 2,50 m (rope is not made of bungee),
- Training focus: Improvement of explosive strength, Sprint and reaction training, muscle strengthening, and explosive strength endurance

## Power Bungee cord 2

Product Code: 100053

- Modern training equipment from a kind of bungee rubber, for optimal sprint and power speed training. You get a 3 m power cord incl. 1 abdominal belt and 1 handle.
- Training device for 2 persons.
- Bungee effect by a kind of bungee rubber
- Length of the rubber rope: approximately 3 m, maximum extension 7 m
- Color: black,
- Training focus: Improvement of explosive strength, Sprint and reaction training, Improving jump power, Muscle strengthening, Explosive strength, endurance acceleration training with two athletes also for the goalkeeper training etc.,



## Goalkeeper Training Belt

Product Code: 100171

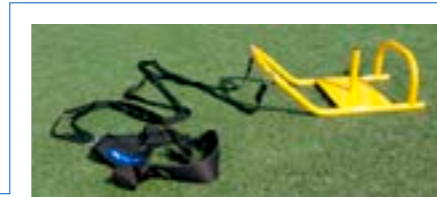
- Ideal to support the jump- and reaction-power training and for wings-, plunge- and sidestep exercises. Regular use can improve the speed and jump strength
- The wide nylon hip-belt provides for pleasant wearing comfort. The end of the elastic rope can be attached with the straps down at the goalpost



## Power Sled 9 kg

Product Code: 100004

- Build explosive leg drive, and speed, right of the blocks with the Power Sled. With removable weights, the Power Sled allows you to adjust the towing resistance.
- Improve 40-yard dash times, overall speed and explosiveness
- Strengthen lower-body muscle groups
- Adjust weight options for variable weight resistance up to 100 kg.
- Adjustable leash length to accommodate athletes of any size



## Power Jumper

Product Code: 100048

- Increases efficiency and jump speed
- Excellent for plyometric training
- Can be connected with other flex cords
- Includes rubber abutment and two connecting ankle trainee
- Perfect for a variety of sports



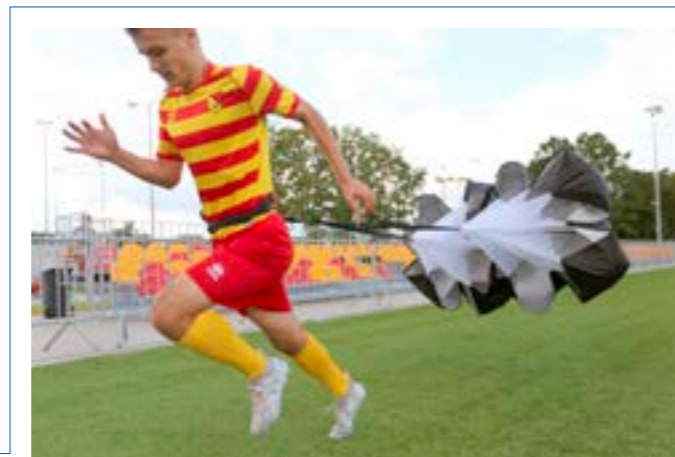
## Resistance Chute, Sprint Parachute for Speed Training

Product Code:

Single Resistance Chute - 100040

Double Resistance Chute - 100213

- Resistance Chute is a training tool for speed training based on air pressure resistance
- The Chute is attached with belts to waist belt that comes with size regulation to fit each athlete
- Maximize acceleration and top running speed through resistance and overspeed training



## Lateral Resistor

Product Code: 100033

- First-step quickness and lateral speed are critical for you to blow by your opponents.
- Training with the Lateral Resistor forces you to maintain proper body positioning and strengthens the muscles responsible for most lower body movements including the hip flexor and abductor's muscles.



## Resistance Power Tube

Product Code: 100049

- It helps in building a dynamic force
- Excellent for polymetric training
- Easy to use
- For use on the field and in the hall
- Includes rubber thrust and hip belt
- Perfect for a variety of sports



## Suspension Training Equipment

Product Code: 100193

- Can be used at home, outside or on the go
- Training equipment that engages your own body weight
- Very versatile with numerous training exercises possibilities
- Suspension training develops physical strength while using functional movements and dynamic positions. It develops core body strength, as well as joint and muscular stability, reducing the chance of injury.
- Comfortable foam handles
- Comes with a handy carry bag



## Power Sprinter

Product Code: 100172

- Increase speed and acceleration by loading resistance onto the arms and legs. 4-attachment design independently loads each limb, providing constant resistance through a full range of motion.
- Each unit includes 4 adjustable cuffs with Velcro closure (cuffs fit up to 14" arm or leg), nylon cord with PVC handle, and resistance tubing.
- Power Sprinter Light 40 lbs (18 kg) Resistance



## Power Band Loop

Product Code:

Blue (Highest Resistance) - 100275

Red (Medium Resistance) - 100158

Yellow (Small Resistance) - 100274

- Bands are 41" inches long and are made of high-quality latex material built to last for years
- Application: effectively improve muscle strength, physical performance, and flexibility
- A variety of exercises can be performed - for physical therapy, rehabilitation, pull-ups, stretching, strength training, powerlifting and etc
- These high-quality bands are very durable so you can use them for years to come



## Elastic Loops

Product Code:

Yellow (light) - 100247

Red (medium) - 100248

Blue (heavy) - 100249

Green (the heaviest) - 100250

- Latex Elastic loops are an effective training tool. Perfect for warm up to exercise the muscles of the hips and legs. You can go with these loops ahead and laterally. For training in your team, club, studio or at home.
- Available in 4 different resistance-levels: yellow (light) thickness 0,5 mm, red (medium) thickness 0,6 mm – blue (heavy) thickness 0,9 mm, green (the heaviest) thickness 1,3 mm



## Evasion Belt

Product Code: 100007

- This partnered break-away reaction trainer matches two athletes against one another in a variety of shadow drills that test their speed and reaction time.
- A great workout for offensive and defensive players.
- Develop evasive offensive skills and lock-down defensive technique
- Simulate one-on-one coverage through a variety of shadow drills
- Adjustable 360° Reaction Belts of 1,5 m each connected with Velcro



## Balance Cushion

Product Code: 100071

- 14" in diameter by 3" high; low nubs on one side, raised nubs on the other
- Comes inflated and can be adjusted using a traditional ball inflation needle (needle and pump not included)
- Popularly used as a child's "wobble seat" to help calm anxious kids
- A true alternative to sitting on an exercise ball; made of the same material
- Provides an unstable surface to exercise on, requiring you to use more muscles to stay balanced, providing a more complete workout



## PRO Gymnastic Mat

Product Code: 100210

- Size: 173 x 61,5 x 0,5 cm
- Material: Polyetylen
- Colour : Green



## Blue exercise ball 65 cm

Product Code: 100047

- The ball gym for a good workout recommended for everyone.
- Ideal for home and rehabilitation.
- A positive effect on the silhouette and physical condition.
- Pump included





## Balance Board

Product Code: 100035

- Strengthen your core and improve your balance with Yakimasport Balance Board. Improves muscle flexibility, balance, and posture. Strengthens ankles and knees. Durable plastic



## Skipping Rope

Product Code: 100052

- Jumping on skipping rope may be a useful element of training

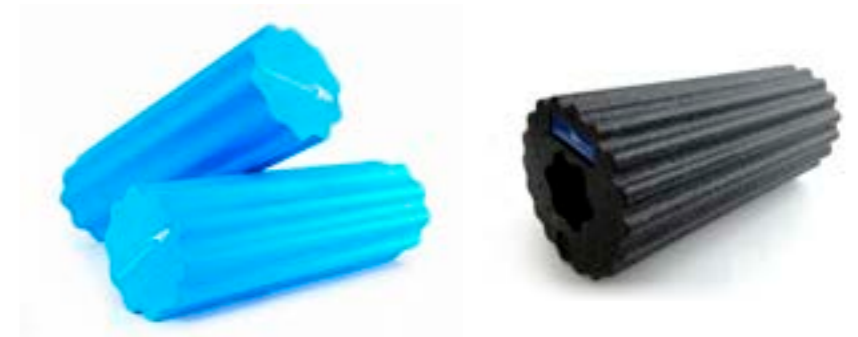


## Groove Roller

Product Code: 100130  
 Length: 45 cm  
 Diameter: 15 cm  
 Material: High Density EVA Foam

Product Code: 100212  
 Length: 32 cm  
 Diameter: 14 cm  
 Material: EPP

- Roller Groove is a versatile massage tool that helps soothe tensed muscles and protects from injuries.
- Groove Roller is specially recommended before training to enhance warm - up session.
- Using Yakimasport Roller shortens muscles recovery and improves general body condition after an intensive physical effort
- Dedicated to professional sportsmen as well as to all other sports enthusiasts willing to take care of sore tired muscles.



## Bossu Ball Trainer

Product Code: 100128

- A Bosu trainer is a balance board that can be used with either side up. Both sides of it the inflatable dome or the flat plastic surface provide different challenges for your muscles. Whether you use the flat side of Bosu for squats, pushups, situps and lunges or stand on the dome while using free weights for such exercises as arm curls, shoulder presses and deadlifts, your muscles respond.
- Material: PVC ball and ABS base, Color: Blue.
- Dimension: 22.8" (58 cm)-Diameter of Ball 9.8" (25 cm)-Height of Ball
- Weight Capacity: 660 lbs.
- Package Includes: 1 x Yoga Exercise Ball, 2 x Elastic Strings, 1 x Air Pump, 1 x Valve Plug
- This Yoga exercise Ball is a popular balance and stability workout method, which can make your fitness easier. It has multiple uses as picture shows. With this balance trainer, you could increase your core strength, stability, endurance, flexibility, etc. What's more, the material is environmentally friendly and it is easy to carry

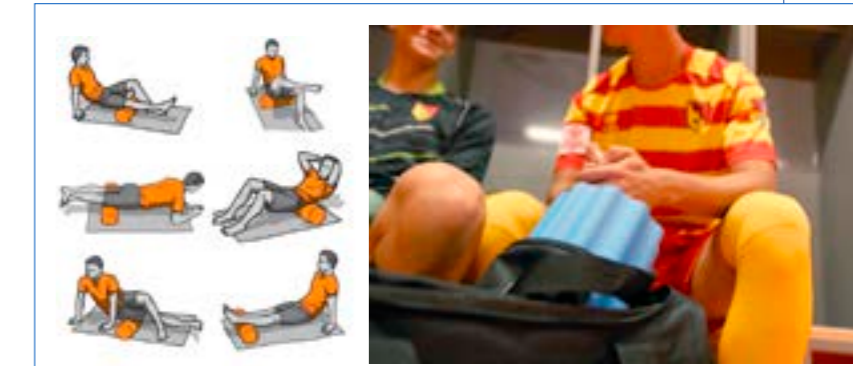


## Flat Roller

Product Code: 100129  
 Length: 45 cm  
 Diameter: 15 cm  
 Material: High Density EVA Foam

Product Code: 100211  
 Length: 30 cm  
 Diameter: 15 cm  
 Material: EPP

- Roller is a versatile massage tool that helps soothe tensed muscles and protects from injuries.
- Using Yakimasport EPP Roller shortens muscles recovery and improves general body condition after an intensive physical effort.
- Flat Roller is especially recommended after training.
- Dedicated to professional sportsmen as well as to all other sports enthusiasts willing to take care of sore tired muscles



## Peanut ball

Product Code: 100209



- Designed to loosening muscles along the spin
- To press trigger points on a floor, table or against a wall
- Material: EPP
- Size: 16 x 8 x 8 cm
- Color: black

## Massage Ball

Product Code: 100208



- Applied to loosen fascial muscles
- Recommended to use it for loosening buttock muscles, calves, arms, feet and chest.
- Perfect for auto massage, it is the best to use in addition to roller
- To press trigger points on a floor, table or against a wall
- Material: EPP
- Size: diameter 8 cm
- Color: black

## Rubber Medicine Ball

3 kg yellow – Product Code: 100267

4 kg red – Product Code: 100266

5 kg blue – Product Code: 100265

- Medicine Balls are produced from high - quality rubber. Perfectly bounce against a hard surface.
- Good grip against the palms
- Resistant to attrition
- Rubber Medicine Balls keep their shape unlike the leather balls



## Aerobic Step

Product Code: 100046

- Non-slip surface
- Maximum load of 100 kg
- Three Heights; 10 cm, 15 cm, 20 cm
- Non-slip rubber pads on the underside of the step
- Material: Plastic
- Dimensions: 78 x 29 x 10 / 15 / 20 cm
- Weight of 3,8 kg



## Accessories



## Foam Ball

Product Code: 100136

- Ball Produced of quality EVA foam. Size 4 suits perfect needs of children football academies, and children playing with their parents at home. Suggested age: 3-7
- The ball is used by Legia Warszawa kindergarten soccer schools, the biggest children soccer schools program in Poland.



## Laguna Ball Size 4

Product Code:  
350 g - 100096  
290 g - 100097

- Machine stitched match and training ball for youth and children. Perfect for football academies as well as home use
- Made of quality PVC



## Football Cruza size 5

Product Code: 100095

- Most training balls on the market are budget-based and are made from PVC or at best PVC plus a PU coating.
- Yakimasport Cruza is made from high - quality Korean PU material with a microfibre backing, usually only found in use on high priced match balls. This results in a ball that keeps its softer-touch feel even in winter conditions.
- It gives a true bounce and top rate flight characteristics.
- Expertly stitched and lined and with a unique design we believe this to be the best training ball available.



## Training Bibs

- Available size: Kid, Junior, Adult
- Available colours: Yellow, Blue, Red, Orange, Pink, White



Kid: 100019D  
Junior: 100019J  
Adult: 100019

Kid: 100018D  
Junior: 100018J  
Adult: 100018

Kid: 100020D  
Junior: 100020J  
Adult: 100020

Kid: 100146D  
Junior: 100146J  
Adult: 100146

Kid: 100263D  
Junior: 100263J  
Adult: 100263

Kid: 100197D  
Junior: 100197J  
Adult: 100197



## Portable Pump

Product Code: 100060

- Perfect for pumping balls, balance cushion or toys
- With its length of merely 19,5 cm easy to carry and store
- Extends to 30 cm while pumping
- Weight 150 g
- Light and easy to store



## Air Compressor

Product Code: 100218

- Size: width -18 cm, height - 20 cm
- Maximum Pressure 100 PSI
- Power 95 W
- Voltage 220V
- Air Compressor with Pressure Gauge
- Handy Carry Handle
- Silver colour
- Convenient for Ball Inflating



## Ball Pressure Gauge

Product Code: 100131

- Built in pressure release valve.
- Inflate pressure for each ball to specifications on the ball
- Inflating needle included.



## Ball Bag

Product Code: 100064

- Capacity: 10-12 balls size 5, 14-15 balls size 4



## Net for Balls

Product Code: 100086

- Capacity: 10-12 balls size 5, 14-15 balls size 4



## Coach Note Pad A4

- Indispensable for every football coach
- A4 format
- 50 sheets



Product Code:  
100279

Product Code:  
100243

Product Code:  
100242

Product Code:  
100194

Product Code:  
100037

## Whistle

Product Code: 100061



## Stop Watch

Product Code: 100066

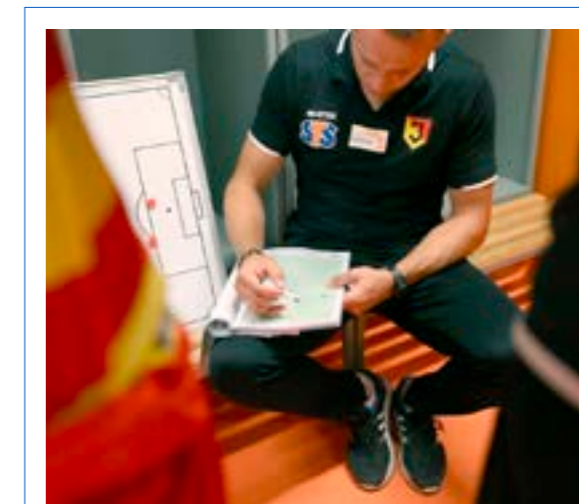
- Features:
  - 1/100 second time measurement
  - lap time count
  - alarm



## Coach Folder A4

Product Code: 100240

- Folder for Coach Notes with Sleeves for Exchangeable Paper Pads
- Waterproof
- A4 Format
- 40 pages
- 40 Exchangeable Paper Pads Included



## Referee's Wallet

Product Code: 100183

- Indispensable for Every Referee
- Closed with Zipper
- Wallet Holds:
  - yellow and red card
  - set of clean white sheets
  - set of sheets for coach notes
  - whistle
  - coin
  - pen
  - pencil
  - rubber
  - pencil sharpener
- Size: 13 cm x 19 cm



## Capitan's armband

Product Code Senior: 100062

Product Code Junior: 100192

- Available colours:
  - Yellow, Black, White, Orange



## Set of linesman flags 2pcs

Product Code: 100057

- Includes carry pouch



## Coach Note Book A5

Product Code: 100241

- 100 pages Note Pad with pen
- Hard Cover



## Coach Note Pad FLIPCHART 70 x 100 cm

Product Code: 100088

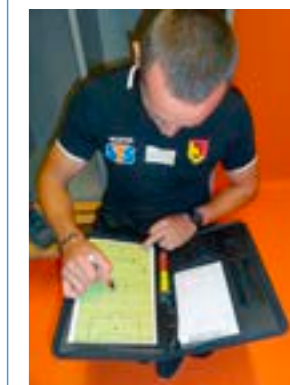
- This pitch pad is suitable for our modern tactics flipchart, but also compatible with existing flipchart systems. The matching flip chart can also be purchased at our website.
- 20 pages
- Size 70 x 100 cm



## Tactic Board BLUE Folder

Product Code: 100255

- Big, portable folder with a zipper
- Inside place for a pen, marker, business cards or referee cards
- Set contains small notebook and magnets with pen
- One side of the board is magnetically charged with A4 sized sports field
- Sports fields cards may be changed and used for 4 disciplines; Football, Handball / Indoor Football, Basketball, Volleyball
- Size: 25 x 34 cm



## Tactic board A4

Product Code: 100012

- The mini tactic board can be written on with a marker pen and wiped dry.
- Size: 24 x 40 cm
- Front side: large pitch; reverse side: half pitch
- Includes marker pen and wiper



## Tactic Board 30 cm x 45 cm

Product Code: 100155

- Dry wipe magnetic board with full - sized pitch and magnetic counters.
- Perfect for planning and explaining match tactics
- Will fit into a carry bag - great for the traveling coach
- Set with a marker, magnets in 2 colours and wiper
- Please check the offer of Convenient Tactic Board Carry Bags at our website
- Size: 30 x 45 cm



## Coach tactic board GOLD

Product Code: 100253

- Neat finishing
- Indispensable for every football coach
- Comes with magnets & erasable pen
- Size: 20,5 x 27,5 cm



## Coach tactic board SILVER

Product Code: 100254

- Folder closed with magnet
- Consists of 2 magnetic erasable fields. On one side one half of the pitch and on the other half the entire football pitch
- The set contains magnets and marker
- Size: 24 x 32 cm



## Tactic Board 60 cm x 45 cm

Product Code: 100074

- With the Top Coach Magnetic Tactic board you can declare the tactics, training drills or show the starting line-up.
- Dry-wipe, to write on with Board markers only!
- Comes complete with magnets in 2 colours, wiper and a board marker.
- Please check the offer of Convenient Tactic Board Carry Bags at our website
- Size: 45 x 60 cm



## Tactic Board 60 cm x 45 cm foldable

Product Code: 100182

- Foldable Tactic Board is designed for game strategy planning.
- A Perfect tool for every coach to clarify tactic outlines.
- Light and easy to carry using the carry handle.
- Comes with set of magnets in 2 colours, wiper and a board marker.
- Size: 60 x 45 cm



## Tactic Board - 60 cm x 90 cm

Product Code: 100014

- With the Magnetic Tactic Board you can lay out the tactics and show the starting line-up.
- Comes complete with fixing kit, marker tray and board marker.
- Easy to fasten
- Size: 60 x 90 cm
- Tactic board with magnets in two colours and marker pen.
- Please check the offer of Convenient Tactic Board Carry Bags at our website



## Cold Bandage

Product Code: 100236

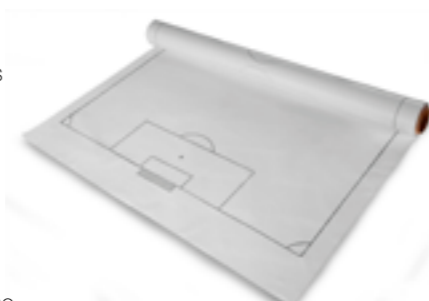
- Effective cold therapy for many conditions such as bruises, inflammations, sprains, strains and sports injuries.
- Strong absorbency to clean the wound noxious substances around the wound, blood and effusions can be absorbed in fiber
- Pain relief in seconds
- Cold for hours
- No refrigeration necessary
- Hypoallergenic
- Sold in Qty of 1



## Tactic Foil

Product Code: 100219

- You receive a modern, set of 25 rolls of self-adhesive special foil - 60 x 80 cm. The electrostatically charged special foil adheres to almost any surface and is delivered on a roll. You can sketch tactical instructions on the foils for example with boardmarkers. For away games the foils can be easily attached for example to the wall. Simply fold and pocketed, the Yakimasport tactic foils adhere several times and are therefore repeatedly usable. For the ideal care and use of tactic foils, we recommend cleaning your whiteboard surfaces twice a month with the whiteboard cleaner spray in combination with the whiteboard cleaning cloth.



## Ice Pack, Instant Cooling Compress

Product Code: 100058

- Yakima's direct cooling compress it gives excellent cooling effect. The cooling and skin-friendly ice pack can be used for immediate, local treatment of sports injuries, burns, sprains, spasms, sprains, swelling, nosebleeds, toothache, tendonitis, and more.
- Simply press and shake the bag vigorously and the soothing coolness helps treat injuries. The price refers to one ice pack.



## Medical Bag

Product Code: 100016

- Features 3 removable bag partitions to be applied as suitable. The bag is very light, durable and spacious.
- Size: 37 cm x 15 cm x 28 cm. This bag comes empty. Ice bags and sports tape are also available on our website.



## Medical Bag

Product Code: 100238

- Medical Bag Comes with necessary content.
- Dimensions: 31 x 21 x 12 cm



## 6 Water Bottles Set with Carrier

Product Code: 100122

- A set of six Football 70cl Water Bottles comes with a carrier for easier transportation between training and changing room, hotel and soccer games.
- This set is essential for keeping every team player hydrated during matches and training.



## Sports Bag

Product Code: 100065

- Convenient Bag for shoes and apparel
- Size: 36 x 44 cm



## Players Junior Bag

Product Code: 100226

- Dimensions (Length/Width/Height) -45/30/41 cm
- Made from 600d Polyester with super strong stitching
- 2 additional side pockets
- Strong shoulder straps and carry handle
- Suitable for heat/screen printing
- Hard base compartment for boots /wet items
- Black Colour
- Will fit all necessary training gear, ideal for matchdays and training!



## Team Bag w/Wheels

Product Code: 100206

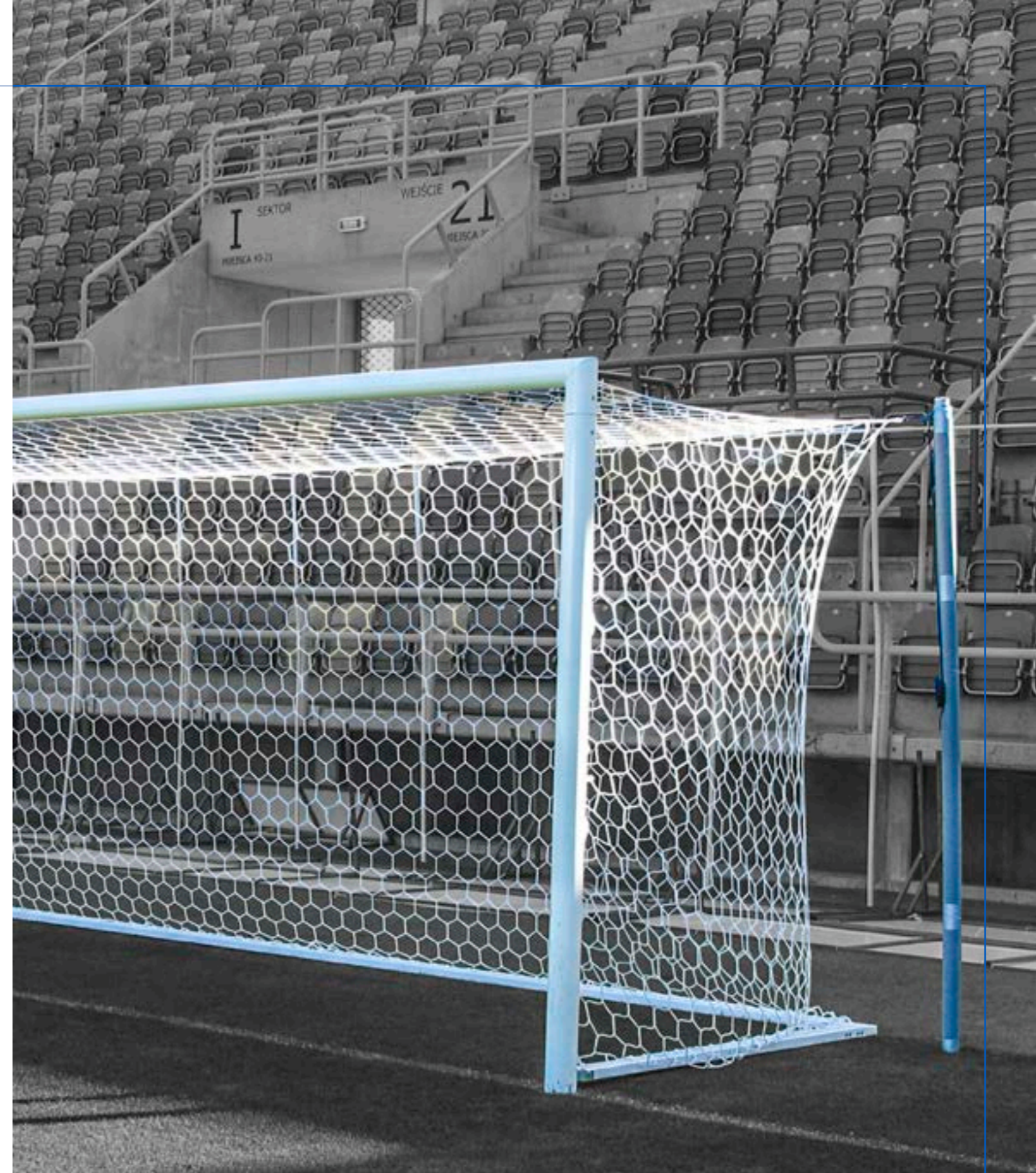
- Team bag with wheels from Yakimasport. Large bag made from durable nylon
- The Capacity of 121 liters
- Weight w/o content: 3764 grams
- Dimensions: 88 cm x 35 cm x 35 cm



## Back Four Chain Trainer

Product Code: 100173

- You get a high - quality Yakimasport trainer for 4 men in a row
- The players immediately notice if their position is wrong and it appears a rapid training effect for the processes in the exercise
- The Yakimasport Back-Four-Chain Trainer helps you create an innovative and practical training.
- Incl. 4x waist belt, 3 x 10m belts
- Fast & easy handling
- Very durable



**Goals, Nets  
& Field Equipment**

## Pop-up Soccer Goal 2 pcs.

Product Code: 100025

- Price includes 2 pcs. Foldable Goals and Carry Bag.
- Size: 120 cm x 80 cm



## UNI Football Goal 180 cm x 120 cm

Product Code: 100260

- Yakimasport Instant UNI Goals are a perfect choice for training fields and backyards. Featuring a sturdy V-Pole frame, shock-absorbent base and LUX-FIT netting, the instant goal is assembled in minutes ensuring goals will be scored all day long.
- Size (width. x height. x depth.) 180 x 120 x 80 cm.
- Easily assembled comes in a portable carry bag.
- Robust Goal does not move against strong shots.
- Polypropylene Net.
- Stable steel ground frame.
- Pegs to fix the goal on natural grass and stabilisation loads for artificial grass
- Assamble Instruction.



## Sand bag, goal stabilization

Product Code: 100144

- Sand bag with velcro to tie around POP UP or other mobile Goals
- Brilliant, simple and inexpensive way to stabilize your Goals.



## UNI Football Goal 120 cm x 80 cm

Product Code: 100154

- Yakimasport Instant UNI Goals are a perfect choice for training fields and backyards. Featuring a sturdy V-Pole frame, shock-absorbent base and LUX-FIT netting, the instant goal is assembled in minutes ensuring goals will be scored all day long.
- Size (width. x height. x depth.) 120 x 80 x 80 cm.
- Easily assembled comes in a portable carry bag.
- Robust Goal does not move against strong shots.
- Polipropylen Net.
- Stable steel ground frame
- Pegs to fix the goal on natural grass and stabilisation loads for artificial grass
- Assamble Instruction.



## UNI Football Goal 300 cm x 155 cm

Product Code: 100152

- Yakimasport Instant UNI Goals are a perfect choice for training fields and backyards. Featuring a sturdy V-Pole frame, shock-absorbent base and LUX-FIT netting, the instant goal is assembled in minutes ensuring goals will be scored all day long.
- Size (width. x height. x depth.) 300 x 155 x 100 cm.
- Easily assembled comes in a portable carry bag.
- Robust Goal does not move against strong shots.
- Polypropylene Net.
- Stable steel ground frame.
- Pegs to fix the goal on natural grass and stabilisation loads for artificial grass
- Assemble Instruction.





## UNI Football Goal 500 cm x 200 cm

Product Code: 100153

- Yakimasport Instant UNI Goals are a perfect choice for training fields and backyards. Featuring a sturdy V-Pole frame, shock-absorbent base and LUX-FIT netting, the instant goal is assembled in minutes ensuring goals will be scored all day long.
- Size (width. x height. x depth.) 500 x 200 x 120 cm.
- Easily assembled comes in a portable carry bag.
- Robust Goal does not move against strong shots.
- Polypropylene Net.
- Stable steel ground frame.
- Pegs to fix the goal on natural grass and stabilization loads for artificial grass.
- Assemble Instruction.



## MINI Football Goal

Product Code:

1,2 m x 0,8 m - BR0005  
1,8 m x 1,2 m - BR0004

- Very solid training goal. Produced of high quality aluminum. Perfect for professional, amateur and youth training.
- Size: 1,8 m x 1,2 m depth 80 cm;
- Aluminum profile 80 x 40 mm;
- Back 'L' shape profile 30 mm;
- Easy to assemble and store - back foldable on hinges;
- Portable Goal;
- Colour; Silver
- Price includes the net



## MINI Foldable Goal 120 x 80 x 60 cm

Product Code: 100252

Size:

- Width - 120 cm, Height - 80 cm, Depth - 60 cm
- Steel tubes 32 mm diameter, white colour
- Net 3 mm, eye 4,5 x 4,5 cm, black colour
- 4 ground attachment hooks
- Very robust, durable goal
- Foldable back of the ball- easy to store and transport



## Football Goal 3 m x 1.5 m

Product Code: BR0003

- Goal Recommended for the Youth Training and Matches
- Made of Anodized Aluminum 80 x 80 mm Profile. complies with EN 749.
- Net is to be bought separately



## Handball aluminum goal 3 m x 2 m portable or stationary

Product Code: BR0002

- Dimensions: 3 m x 2 m, depth 80/100 cm (top/bottom)
- Aluminum rectangular tube 80 x 80 mm;
- Goal mounted by spikes (grass), plates (indoor) or weights (artificial surfaces, concrete);
- Net mounted with net clips;
- Collapsible net supporting poles;
- Color : white, red;
- meets European Standard EN 749 and handball regulations
- safety certificate issued by National Sport Institute
- Net and installation sleeves are not included within the price.



## Soccer Goal 7,32 m x 2,44 m

Product Code: BR0007

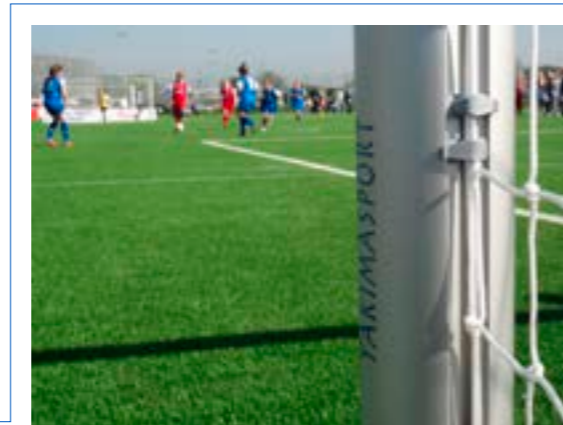
- Dimensions: 7,32 m x 2,44 m, depth 2 m
- Aluminum tube 120 x 100 mm, reinforced;
- Goal installed in sleeves;
- Net mounted with net clips;
- Collapsible net supporting poles;
- Color: white;
- FIFA, PZPN Approved, meets European Standard EN 748
- safety certificate issued by Sport Institute
- Price of Net and sleeves is not included



## Soccer Goal aluminum portable or stationary 5 m x 2 m

Product Code: BR0008

- Aluminum tube 120 x 100 mm, reinforced;
- Goal mounted by spikes (grass), plates (indoor) or weights (artificial surfaces, concrete);
- Net mounted with net clips;
- Collapsible net supporting poles;
- Color: white;
- FIFA, PZPN approved, meets European Standard EN 748
- safety certificate issued by Sport Institute
- Net not included. Each Goal can be ordered as a portable or stationary Goal. Order of Stationary Goals incurs an additional cost of 45 EURO



## Soccer Goal 7,32 x 2,44 portable

Product Code: BR0009

- Dimensions: 7,32 m x 2,44 m, depth 80/200 cm (top/bottom)
- Aluminum tube 120 x 100 mm, reinforced;
- Goal mounted by spikes (grass), plates (indoor) or weights (artificial surfaces, concrete);
- Net mounted with net clips;
- Collapsible net supporting poles;
- Color : white;
- FIFA, PZPN Approved, meets European Standard EN 748
- safety certificate issued by Sport Institute
- Net is not included within the price



## Goal Stabilization Load Weight 50 kg

Product Code: 100080

- Galvanized steel load comes with a wheel and handle for convenient displacement
- Provided with handles to be attached to Goal outer frame
- Ensures Portable Goals Security
- It is recommended to apply:
  - 3 Goal Stabilization Loads (150 kg) for 5 x 2 m – Goal
  - 4 Goal Stabilization Loads (200 kg) for 7.32 x 2.44 m - Goal



## Nets for Goals – various kinds and colours

- We offer all kind of nets polyethylene, polypropylene and polyester in sizes varying from 0,8 m x 1,2 m to official size 7,32 m x 2,44 m. For more information, Please visit our website [www.yakimasport.pl](http://www.yakimasport.pl)



## Set of transport wheels for a portable soccer goal 5 x 2 and 7,32 x 2,44

Product Code: 100204

- Set consists of 2 wheels that can be attached to the poles to transport goals with 120 x 100 mm pole profile



## Football pitch corner flag hinged with sleeve PRO - dia. 50 mm

Product Code: 100165

- Height: 170 cm over the ground
- Tube fi 50 mm, made of durable plastic
- Ground sleeve included
- Flag made of polyester
- Set of 4 Flags



## Football Goals

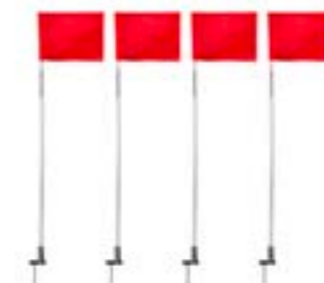
- We offer other football goals in the size range from 120 x 80 cm to 300 x 200 cm. For more information, Please visit our website [www.yakimasport.pl](http://www.yakimasport.pl)



## Corner Flags on Spikes

Product Code: 100117

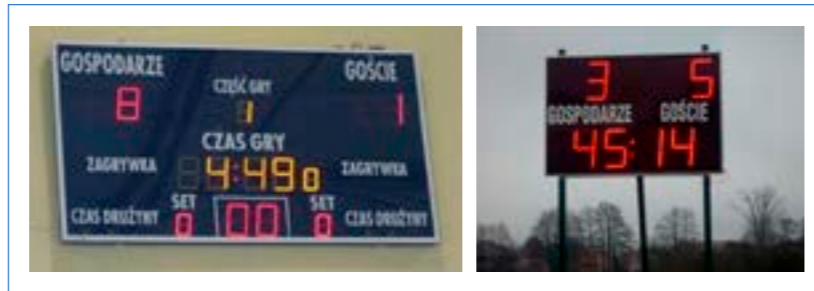
- Set of S4 flags on spikes
- Height 170 cm over the ground
- Tube Ø 25 mm, made of durable plastic



## Score Board

Product Code: 100069

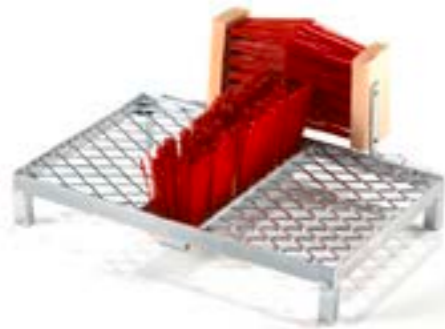
- We supply score boards tailored for customer requirements to any sports venue indoor and outdoor. All language options are available.



## Shoe Cleaner

Product Code: 100023

- Brushes dirt from the sides and shoe bottom
- Perfect to set in front of the changing room
- Produced on a galvanized rack
- Size: 36 x 53 cm.
- Weight: 7 kg



## Roller for Pitch Water Removal

Product Code: 100202

- Perfect for water removal from flat surfaces such as: poliuretan, artificial grass, natural grass, all indoor surfaces. Water container: 40l



## Lane Marking Cart, Lane Marking Machine

Product Code:

Lane Marking Machine Chalk: 100022

Lane Marking Machine Paint: 100203

- We offer lane marking machines for chalk and paint.



Our Partner



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